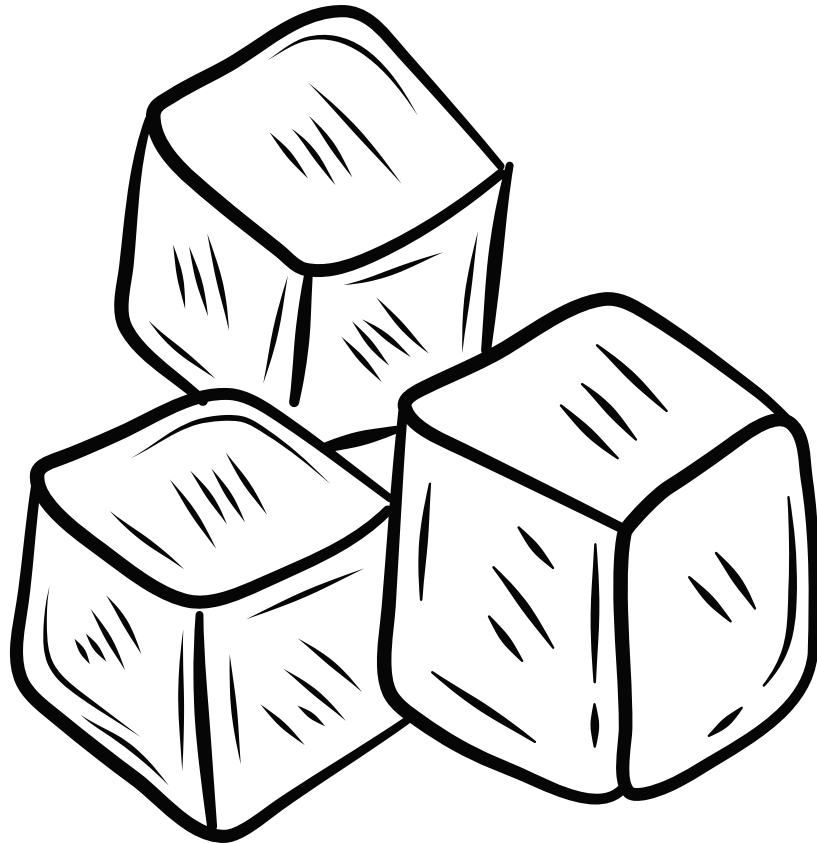


**Because
they can't
break the
ice.**



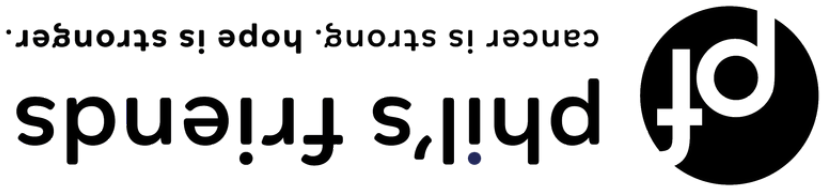
Dear Friend...

Be Brave.
You are not alone.
You are stronger than you know.

Name _____

Age _____

State _____



cancer is strong. hope is stronger.

Phil Zielke, a two-time cancer survivor and founder of Phil's Friends, and his dedicated team are here for you. We would love to support you through:

Prayer

Email your prayer requests to
prayer@philfriends.org



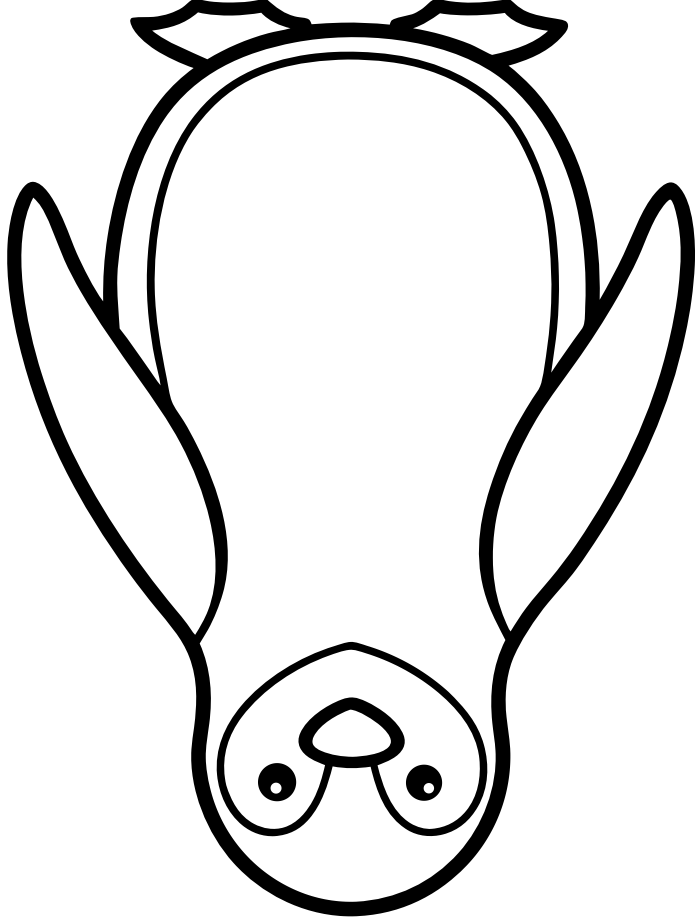
Inspirational Messages

Text the word HOPE to (224) 524-1677
to receive weekly, 60-second video
messages from Phil

Follow us on Instagram and Facebook



philfriends.org



Why are penguins socially awkward?