

Dear Friend...

**A
towel**



Be Brave.

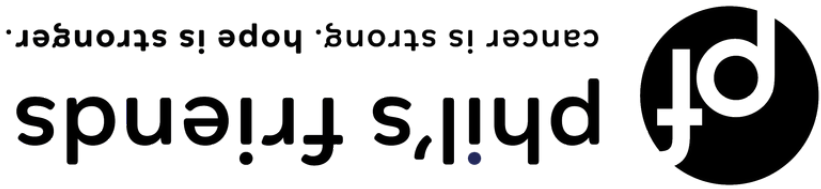
You are not alone.

You are stronger than you know.

Name _____

Age _____

State _____



cancer is strong. hope is stronger.

Phil Zielke, a two-time cancer survivor and founder of Phil's Friends, and his dedicated team are here for you. We would love to support you through:

Prayer

Email your prayer requests to prayer@philfriends.org



Inspirational Messages
Text the word HOPE to (224) 524-1677 to receive weekly, 60-second video messages from Phil!

Follow us on Instagram and Facebook



**What gets
wetter the
more it dries?**