

**If they
flew over
the bay,
they would
be bagels.**



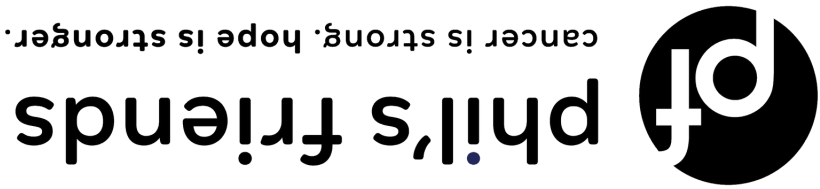
Dear Friend...

Be Brave.
You are not alone.
You are stronger than you know.

Name _____

Age _____

State _____



cancer is strong. hope is stronger.

Phil Zielke, a two-time cancer survivor and founder of Phil's Friends, and his dedicated team are here for you. We would love to support you through:

Prayer

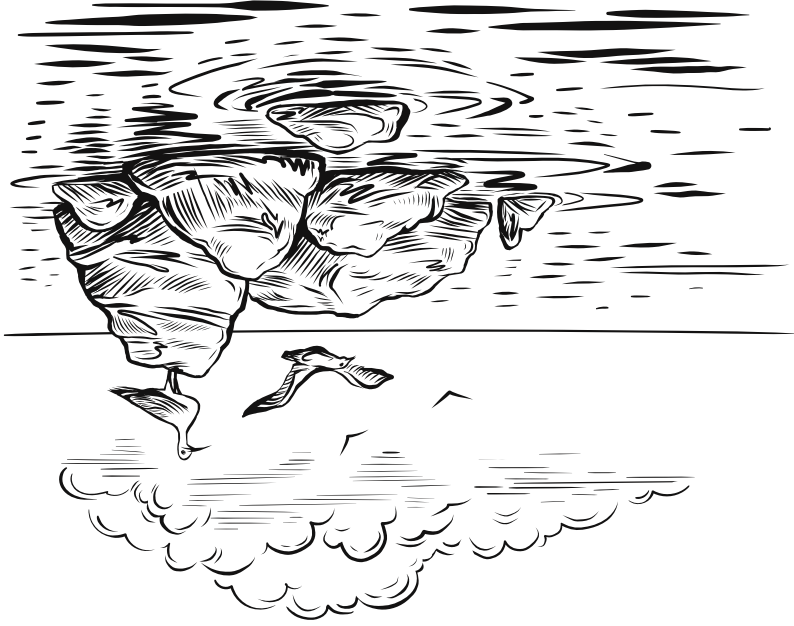
Email your prayer requests to prayer@philfriends.org



Inspirational Messages

Text the word HOPE to (224) 524-1677 to receive weekly, 60-second video messages from Phil

Follow us on Instagram and Facebook



**Why do
seagulls
fly over
the sea?**