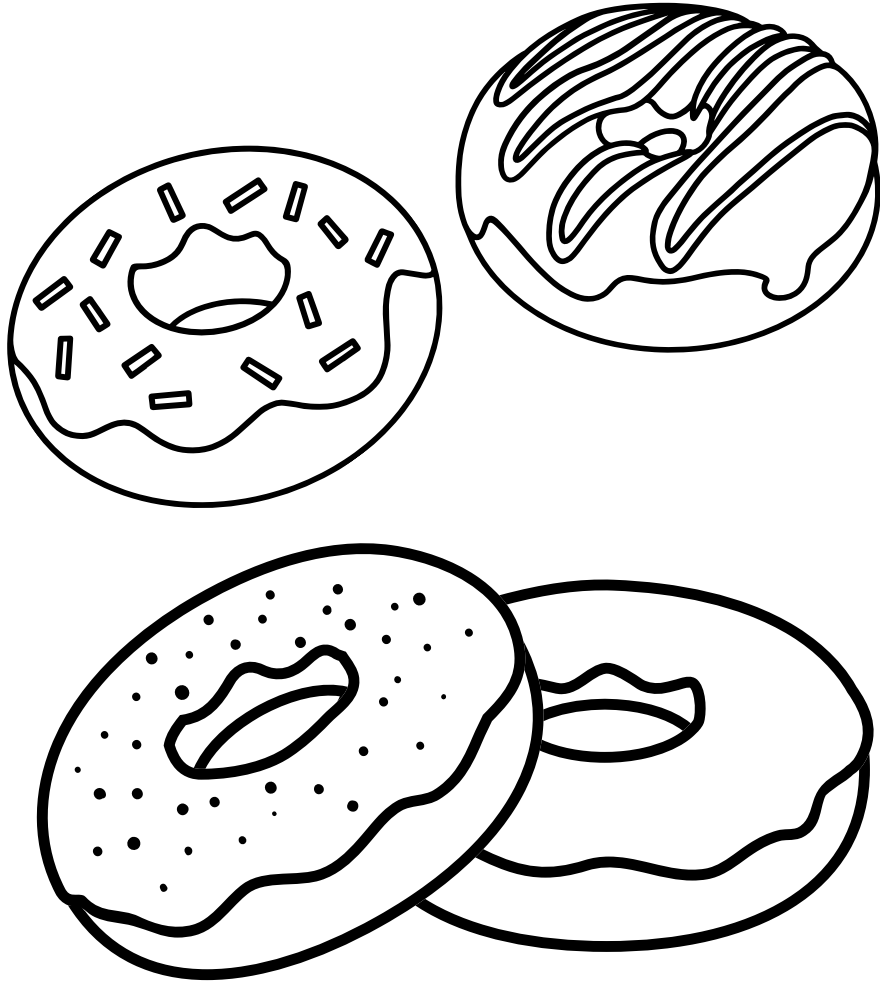


Dear Friend...

A Doughnut!



“Even though I walk through
the darkest valley, I will fear no evil,
for you are with me.” – Psalm 23:4

Name _____

Age _____

State _____

Phil Zielke, a two-time cancer survivor and founder of Phil's Friends, and his dedicated team are here for you. We would love to support you through:

Prayer

Email your prayer requests to
prayer@philfriends.org



Inspirational Messages

Text the word HOPE to (224) 524-1677
to receive weekly, 60-second video
messages from Phil

Follow us on Instagram and Facebook



**What kind
of nut has
no shell?**